

Occupational Therapy

Physiotherapy

Dietetics

Bringing
expert allied
health to
regional South
Australia.

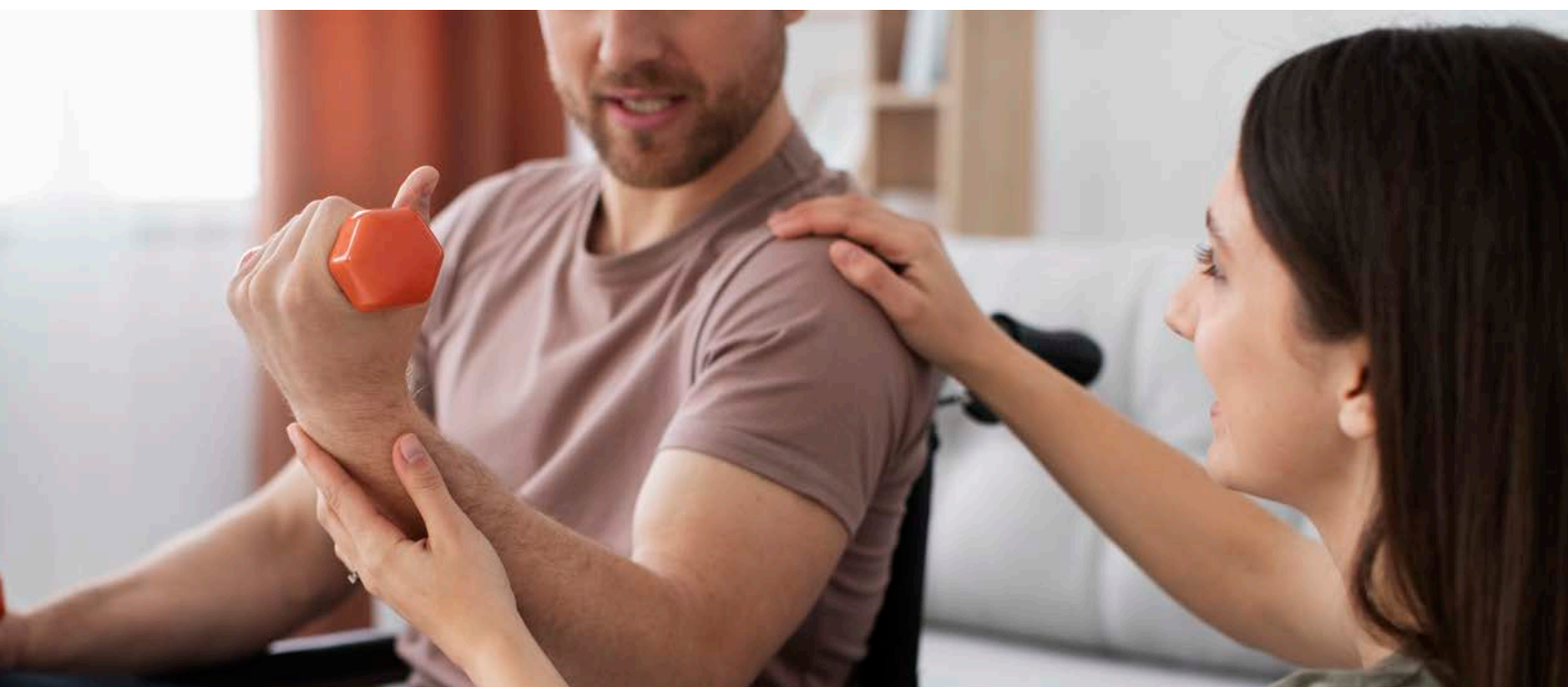


We understand the
challenges of accessing
services in regional areas
and are here to help.



Hello

We are St Louis
Allied Health and
we bring quality
and consistent
allied health care
to the Eyre
Peninsula.



Our clinicians provide support in the setting that works best for you, whether that is in your home, at school or within your community.

We return regularly to ensure consistent support because ongoing connection is key to achieving meaningful and lasting progress.

Whether you're a participant seeking support, a family member exploring options, or a Support Coordinator looking for a trusted partner, we welcome the opportunity to connect your needs.

Our team is here to guide you through your options, answer any questions and help you find the right support with confidence.

About St Louis Care

St Louis Allied Health is part of the St Louis Care family – a South Australian organisation that's been supporting people for over 80 years. We're family-owned, Adelaide-based, and genuinely invested in the communities we serve.

It all began in 1946, when nurse Dorothy Mary Naish opened her doors in Parkside to support veterans returning from World War II.

Today, her legacy lives on – providing compassionate care to South Australians and their families.

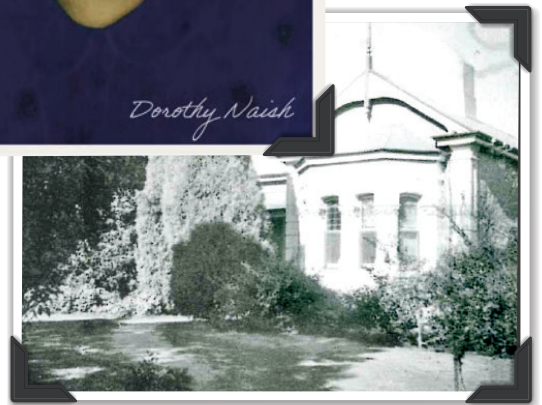
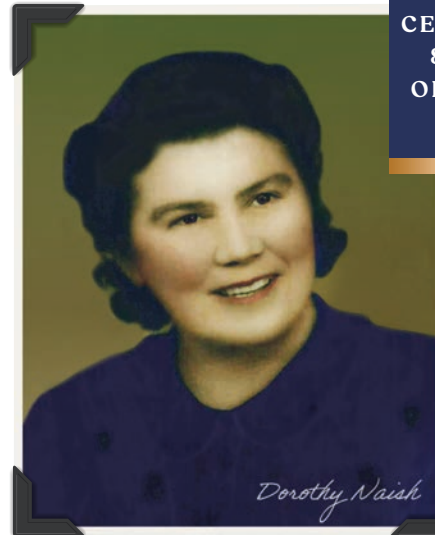
Our team includes Occupational Therapists, Physiotherapists and Dietitians. They're experienced clinicians who chose to work with us because they believe everyone deserves access to quality care, no matter where they live.

We're a registered NDIS provider for Therapeutic and Early Childhood Supports. But beyond the credentials, what matters most to us is doing good work with good people.



1946-2026

CELEBRATING
80 YEARS
OF TRUSTED
CARE



Foster Street, Parkside



What we can help you with

Occupational Therapy

Our Occupational Therapists are here to help you discover the things that matter to you.

Home modifications

Grab rails, ramps, bathroom modifications and layout changes to support safe, independent living.

Assistive technology and equipment

The right tools matched to your needs and your home.

Functional assessments

A clear picture of what you can do, where you need support, and what will make the most difference.

Daily living skills

Practical strategies for everyday tasks.

Sensory support

For those who experience the world differently.



Dietetics

Food is personal. Our dietitians work with you to find an approach to eating that supports your health, fits your life, and that you can sustain.

Nutrition assessments

Understanding your current eating patterns and needs.

Meal planning

Practical, realistic plans that work for your household.

Texture modified diets

Safe food and fluid options for those with swallowing difficulties.

Weight management

A compassionate, evidence-based approach.

Chronic disease support

Managing diabetes, heart disease, chronic kidney disease, cardiovascular conditions and more through nutrition.

Physiotherapy

Our physiotherapists focus on helping you move freely and feel more confident in your body.

Mobility and movement

Improving how you walk, stand and get around safely.

Pain management

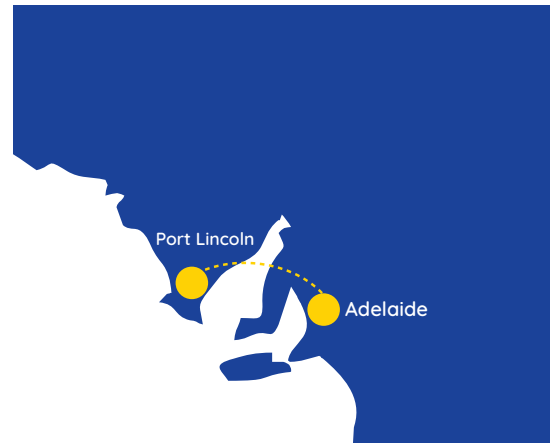
Practical strategies to reduce discomfort and keep you active.

Movement programs

Tailored to your goals, your abilities and what you can maintain between visits.

How we work

Our fortnightly FIFO model is designed for reliability, ensuring consistent face-to-face consultations.



We visit at minimum every fortnight
Appointments are scheduled in advance so you can plan with certainty. We do not leave gaps in service without communication.



Port Lincoln is our Satellite hub
Our Port Lincoln base allows us to deliver face-to-face services across the Eyre Peninsula and into surrounding communities.



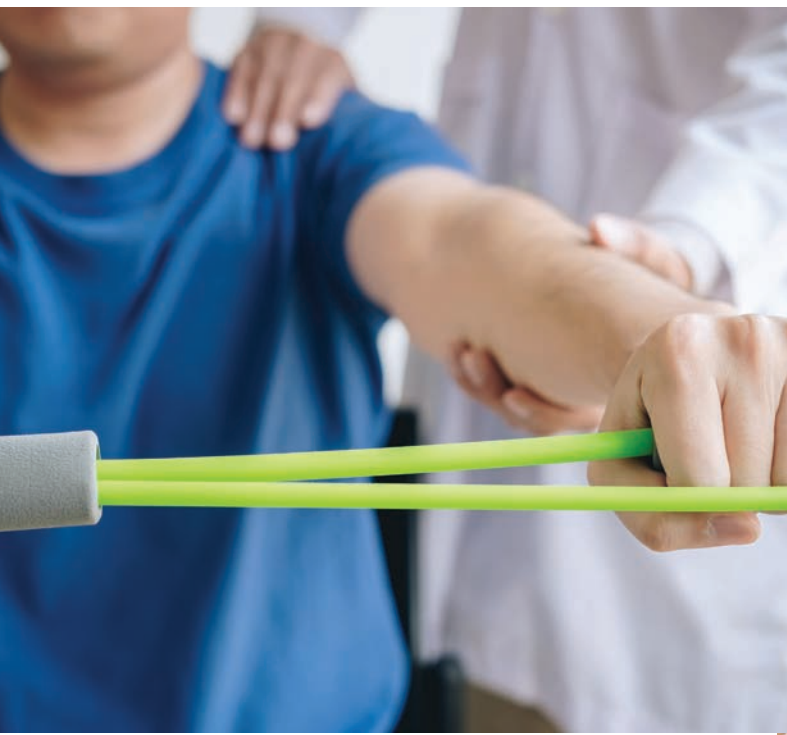
We come to you
Your home, your child's school, a community centre, wherever you're most comfortable. You shouldn't have to travel hours for an appointment.



Telehealth fills the gaps
Between face-to-face visits, our clinicians remain accessible via telehealth for follow-up, check-ins, and clinical support.



Same faces
We do our best to make sure you see the same clinician every visit. We aim to be your familiar allied health care team!



What we believe in



Regional participants have too often experienced providers who over-promise and under-deliver.

St Louis Allied Health is very aware that inconsistent faces, delayed starts, and poor communication can lead to poor therapeutic outcomes.

As a result, we are dedicated to operating differently.

- ✓ **Reliability**
We commit to a schedule and we hold to it. If something changes, we communicate early and clearly.
- ✓ **Continuity**
You are not a new intake at each visit. Our clinicians take time to understand your goals, your history, and your context and will carry that understanding across every appointment.
- ✓ **Communication**
Questions are responded to promptly. Clinicians document and report in a time-frame that respects your planning needs. You will not be left waiting for updates.
- ✓ **80 years of trusted care**
St Louis has always delivered a personalised, premium care experience, redefining excellence in care and support.

How to Get Started

Engaging our services is straightforward.



For Support Coordinators

Finding allied health providers who can reliably service regional participants is one of the most persistent challenges in Support Coordination. We understand the operational pressure that creates for you and your clients. We treat referral relationships as professional partnerships.

We are dedicated to ensuring your participants receive consistent, clinically credible care and you receive the communication and documentation standard your role requires.



24-48 hour response to your enquiries



Regular progress updates on your participants



Reports delivered on time



Flexibility to attend planning meetings — in person or via telehealth



Proactive communication if any issues arise



Let's Talk

We are available to discuss your needs, answer questions about our services, or progress a referral.

 (08) 8272 2612

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 www.stlouisalliedhealth.com.au



0128 Therapeutic Supports
0118 Early Childhood Supports

ABN: 67 675 875 957
Registration ID: 4-KDCBKOW