

St Louis Nursing Home Social Program September 2025

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 AM Individual Support Program Hairdresser 2.30pm Church Service	2 Library AM Individual Support Program Hairdresser 2.30pm Bingo	3 AM Individual Support Program 2.30pm Art Therapy & Games with Grant	4 AM Individual Support Program St Raphael's School Play – Adams Family musical	5 AM Individual Support Program 2.30pm Exercise Class	6 AM Free Time 2.30pm Movie "Father of the Bride"	7 Father's Day AM ABC TV Songs of Praise 2.30pm Exercise Class
8 AM Individual Support Program Hairdresser 2.30pm Bowling	9 AM Individual Support Program Hairdresser 2.30pm Bingo	10 AM Individual Support Program Beautician 2.30pm Fun with food & Games with Grant	11 AM Individual Support Program 2.30pm Exercise Class	12 AM Individual Support Program 2.30pm Happy Hour and Games	13 AM Free Time 2.30pm Movie "True Spirit"	14 AM ABC TV Songs of Praise 2.30pm Exercise Class
15 AM Individual Support Program Hairdresser 2.30pm Fishing	16 AM Individual Support Program Hairdresser 2.30pm Bingo	17 AM Individual Support Program 2.30pm Art Therapy	18 AM Individual Support Program Bus Trip 2.30pm Exercise Class	19 AM Individual Support Program 2.00pm Time with Teddy	20 AM Free Time 2.30pm Movie "Love is in the Air"	21 AM ABC TV Songs of Praise 2.30pm Exercise Class
22 AM Individual Support Program Hairdresser 2.30pm Games	23 AM Individual Support Program Hairdresser 2.30pm Bingo	24 AM Individual Support Program Beautician 2.30pm Church Service & Games with Grant	25 AM Individual Support Program 2.30pm Exercise Class	26 AM Individual Support Program Bus Trip 2.30pm Resident's Meeting	27 AM Free Time 2.30pm Movie "Shall We Dance"	28 AM ABC TV Songs of Praise 2.30pm Exercise Class
29 AM Individual Support Program Hairdresser 2.30pm Basketball	30 AM Individual Support Program Hairdresser 2.30pm Bingo					

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation