

St Louis Nursing Home Social Program September 2024



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						1 AM ABC TV Songs of Praise 2.30pm Exercise Class
2 10.00am-11.30am Montessori & Garden 2.30pm Church Service	3 Library 10.00am-11.30am Montessori 2.30pm Bingo	4 10.00am-11.30am Montessori & Garden 2.30pm Nonna's Kitchen	5 10.30am Montessori Activities 2.30pm Mosaic Bench	6 10.00am-11.30am Montessori Activities and Bus Trip 2.30pm Exercise Class	7 AM Free Time 2.30pm Movie "Scoop"	8 AM ABC TV Songs of Praise 2.30pm Exercise Class
9 10.00am-11.30am Montessori & Garden Hairdresser 2.00pm Ballroom Dancers Performance	10 10.00am-11.30am Montessori Hairdresser 2.30pm Bingo	11 10.00am-11.30am Montessori & Garden Beautician 2.30pm Fun with Food and Games	12 10.30am Montessori Activities and Bus Trip 2.30pm Re-paint canvas by colour	13 10.00am-11.30am Montessori & Garden 2.30pm Exercise Class	14 AM ABC TV Songs of Praise 2.30pm Movie "Lift"	15 AM ABC TV Songs of Praise 2.30pm Exercise Class
16 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm T-Shirt Design	17 10.00am-11.30am Montessori Hairdresser 2.30pm Bingo	18 10.00am-11.30am Montessori & Garden 2.30pm Resident's Meeting	19 10.30am Montessori Activities and Bus Trip 2.30pm Exercise Class	20 10.00am-11.30am Montessori & Garden 2.30pm Joel Archer Presents Hollywood Musicals	21 AM Free Time 2.30pm Movie 'Maestro'	22 AM ABC TV Songs of Praise 2.30pm Exercise Class
23 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm Lawn Bowls	24 10.00am-11.30am Montessori Hairdresser 2.30pm Bingo	25 10.00am-11.30am Montessori Activities and Bus Trip Beautician 2.30pm Church Service	26 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	27 10.00am-11.30am Montessori & Garden 2.30pm Choir Performance	28 AM Free Time 2.30pm Movie "Rampage"	29 AM ABC TV Songs of Praise 2.30pm Exercise Class

Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation