

St Louis Nursing Home Social Program October 2025

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 AM Individual Support Program 2.30pm Art Therapy	2 AM Individual Support Program 2.30pm Exercise Class	3 AM Individual Support Program 2.30pm Bus Trip	4 AM Free Time 2.30pm Movie "Beverly Hills Cop"	5 AM ABC TV Songs of Praise 2.30pm Exercise Class
6 Labour Day Public Holiday AM Individual Support Program 2.30pm Church Service	7 AM Individual Support Program Hairdresser 2.30pm Bingo	8 AM Individual Support Program Teamific Quiz Beautician 2.30pm Art Therapy	9 AM Individual Support Program 2.30pm Exercise Class	10 AM Individual Support Program Bus Trip 2.30pm Happy Hour	11 AM Free Time 2.30pm Movie "My Brilliant Career"	12 AM ABC TV Songs of Praise 2.30pm Exercise Class
13 AM Individual Support Program Hairdresser 2.30pm Ball Games	14 AM Individual Support Program Hairdresser 2.30pm Bingo	15 AM Individual Support Program 2.30pm Accordionist performance	16 AM Individual Support Program 2.30pm Exercise Class	17 AM Individual Support Program Bus Trip 2.30pm Canvas Painting	18 AM Free Time 2.30pm Movie "Society of the Snow"	19 AM ABC TV Songs of Praise 2.30pm Exercise Class
20 AM Individual Support Program Hairdresser 2.30pm Karaoke	21 AM Individual Support Program Hairdresser 2.30pm Bingo	22 AM Individual Support Program Wheel of Fortune Beautician 2.30pm Church Service	23 AM Individual Support Program Bus Trip 2.30pm Exercise Class	24 AM Individual Support Program 2.30pm Resident's Meeting	25 AM Free Time 2.30pm Movie "My Oxford Year"	26 AM ABC TV Songs of Praise 2.30pm Exercise Class
27 AM Individual Support Program 2.30pm Golf	28 Library AM Individual Support Program Hairdresser 2.30pm Bingo	29 AM Individual Support Program 2.30pm Art Therapy	30 AM Individual Support Program Bus Trip 2.30pm Exercise Class	31 AM Individual Support Program 2.30pm Outdoor Games		

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation