

St Louis Nursing Home Social Program May 2025

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 AM Individual Support Program Bus Trip 2.30pm Exercise Class	2 AM Individual Support Program 2.30pm Fun with food	3 AM Free Time 2.30pm Movie "Legends of the Fall"	4 AM ABC TV Songs of Praise 2.30pm Exercise Class
5 AM Individual Support Program Hairstresser 2.30pm Church Service	6 AM Individual Support Program Hairstresser 2.30pm Bingo	7 AM Individual Support Program Beautician 2.30pm Art Therapy & Nonna's Kitchen	8 AM Individual Support Program Bus Trip 2.30pm Exercise Class	9 AM Individual Support Program 2.30pm Happy Hour and Games	10 AM Free Time 2.30pm Movie "Annie"	11 AM ABC TV Songs of Praise 2.30pm Exercise Class
12 AM Individual Support Program Hairstresser 2.30pm Skittles & Bowling	13 Library AM Individual Support Program Hairstresser 2.30pm Bingo	14 AM Individual Support Program 2.15pm Caring Choir performance	15 AM Individual Support Program Bus Trip 2.30pm Exercise Class	16 AM Individual Support Program 2.30pm Nonna's Kitchen	17 AM Free Time 2.30pm Movie "Pride and Prejudice"	18 AM ABC TV Songs of Praise 2.30pm Exercise Class
19 AM Individual Support Program Hairstresser 2.30pm Art Therapy	20 AM Individual Support Program Hairstresser 2.30pm Bingo	21 AM Individual Support Program Beautician 2.30pm Art Therapy	22 AM Individual Support Program Bus Trip 2.30pm Exercise Class	23 AM Individual Support Program 2.30pm Resident's Meeting	24 AM Free Time 2.30pm Movie "Notting Hill"	25 AM ABC TV Songs of Praise 2.30pm Exercise Class
26 AM Individual Support Program Hairstresser 2.30pm Ball Games	27 AM Individual Support Program Hairstresser 2.30pm Bingo	28 AM Individual Support Program 2.30pm Church Service	29 AM Individual Support Program Bus Trip 2.30pm Exercise Class	30 AM Individual Support Program 2.30pm White Board Games	31 AM Free Time 2.30pm Movie "The Cook of Castamar"	

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation