

# St Louis Nursing Home Social Program March 2025

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> AM Individual Support Program  Hairdresser  2.30pm Henny Penny – Chickens & eggs come in					<b>1</b> AM Free Time 2.30pm Movie  “Mona Lisa Smile”	<b>2</b> AM ABC TV Songs of Praise 2.30pm Exercise Class 
<b>3</b> AM Individual Support Program  Hairdresser  2.30pm Church Service 	<b>4</b> AM Individual Support Program  Hairdresser  2.30pm Bingo 	<b>5</b> AM Individual Support Program  2.30pm Nonna’s Kitchen & Games with Grant 	<b>6</b> AM Bus Trip  2.30pm Exercise Class 	<b>7</b> AM Individual Support Program  2.30pm Canvas Painting 	<b>8</b> AM Free Time 2.30pm Movie  “Green Book”	<b>9</b> AM ABC TV Songs of Praise 2.30pm Exercise Class 
<b>10</b> Adelaide Cup  AM Individual Support Program  2.30pm Ball Games 	<b>11</b> AM Individual Support Program  Hairdresser  2.30pm Bingo 	<b>12</b> AM Teamific Quiz  Beautician  2.30pm Fun with Food Games with Grant 	<b>13</b> AM Individual Support Program  Bus Trip  2.30pm Exercise Class 	<b>14</b> AM Individual Support Program  2.30pm Role Play 	<b>15</b> AM Free Time 2.30pm Movie  “The Boy in the Striped Pajamas”	<b>16</b> AM ABC TV Songs of Praise 2.30pm Exercise Class 
<b>17</b> AM Individual Support Program  Hairdresser  2.30pm Parachute Games 	<b>18</b> Library  AM Individual Support Program  Hairdresser  Music Therapy  2.30pm Bingo 	<b>19</b> AM Individual Support Program  2.30pm Resident’s Meeting 	<b>20</b> AM Individual Support Program  Bus Trip  2.30pm Exercise Class 	<b>21</b> AM Individual Support Program  2.30pm Card Games 	<b>22</b> AM Free Time 2.30pm Movie  “The Starling”	<b>23</b> AM ABC TV Songs of Praise 2.30pm Exercise Class 
<b>24</b> AM Individual Support Program  Hairdresser  2.30pm Bowls 	<b>25</b> AM Individual Support Program  Hairdresser  Music Therapy  2.30pm Bingo 	<b>26</b> AM Individual Support Program  Word Flip  Beautician  2.30pm Church Service 	<b>27</b> AM Individual Support Program  Bus Trip  2.30pm Exercise Class 	<b>28</b> AM Individual Support Program  2.30pm Art and Craft 	<b>29</b> AM Free Time 2.30pm Movie  “The Intern”	<b>30</b> AM ABC TV Songs of Praise 2.30pm Exercise Class 

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation