

St Louis Nursing Home Social Program June 2026

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 AM Individual Support Hairdresser 1.30pm Food Focus Meeting 2.30pm Church Service	2 AM Individual Support Program Hairdresser 2.30pm Pilates Class	3 AM Individual Support Program Beautician 2.30pm Art Therapy	4 AM Individual Support Program Pilates Class 10.30am 2.30pm Bingo	5 AM Individual Support Program Bus Trip 2.30pm Basketball	6 AM Free Time 2.30pm Movie: "Mr Church" & Games	7 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
8 Kings Birthday AM Individual Support Program Hairdresser 2.30pm Bingo	9 AM Individual Support Library Hairdresser 2.30pm Pilates Class	10 AM Individual Support Program AM Teamific Quiz 2.30pm Art Therapy	11 AM Individual Support Program Pilates Class 10.30am 2.30pm Parachute Games	12 AM Individual Support Program Bus Trip 2.30pm Happy Hour & Games	13 AM Free Time 2.30pm Movie: "Remarkably Bright Creatures" & Games	14 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
15 AM Individual Support Hairdresser Department Resident Survey 2.30pm Bingo	16 AM Individual Support Program Hairdresser 2.30pm Pilates Class	17 AM Individual Support Program Beautician 2.30pm Art Therapy	18 AM Individual Support Program Pilates Class 10.30am 2.30pm Aboriginal Cultural Day	19 AM Individual Support Program Bus Trip 2.30pm Bowling	20 AM Free Time 2.30pm Movie: "Caramelo" & Games	21 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
22 AM Individual Support Program Hairdresser 2.30pm Bingo	23 AM Individual Support Program Hairdresser 2.30pm Pilates Class	24 AM Individual Support Program AM Teamific Quiz 2.30pm Church Service	25 AM Individual Support Program Cooking Class with our Chef 2.30pm	26 AM Individual Support Program Bus Trip 2.30pm Consumer Advisory Meeting	27 AM Free Time 2.30pm Movie: "An American Pickle" & Games	28 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
29 AM Individual Support Program Hairdresser 2.30pm Bingo	30 AM Individual Support Program Hairdresser 2.30pm Pilates Class					

Individual Support Program activities include - Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation