

St Louis Nursing Home Social Program August 2026

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 AM Individual Support Program Hairdresser 2.30pm Bingo					1 AM Free Time 2.30pm Movie: "Mamma Mia" & Games	2 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
3 AM Individual Support Program Hairdresser 2.30pm Church Service	4 AM Individual Support Library Hairdresser 2.30pm Pilates Class	5 AM Individual Support Program 2.30pm Art & Craft Games with Grant	6 AM Individual Support Program 10.30am Pilates Class 2.30pm Bingo	7 AM Individual Support Program Bus Trip 2.30pm Bowling	8 AM Free Time 2.30pm Movie: "My Brilliant Career" & Games	9 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
10 AM Individual Support Program Hairdresser 2.30pm Bingo	11 AM Individual Support Hairdresser 1.45pm Marryatville Choir 2.30pm Pilates Class	12 AM Individual Support Beautician 2.30pm Teamific Quiz Canvas Painting & Games with Grant	13 AM Individual Support 11.20am Peter Pan Musical 2.30pm Tote Bag Decorating	14 AM Individual Support Program 2.30pm Happy Hour & Games	15 AM Free Time 2.30pm Movie: "RAMS" & Games	16 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
17 AM Individual Support Program Hairdresser 2.30pm Bingo	18 AM Individual Support Program Hairdresser 2.30pm Pilates Class	19 AM Individual Support Program 2.30pm Art & Craft	20 AM Individual Support Program 10.30am Pilates Class 2.30pm French Culture Day	21 AM Individual Support Program 2.30pm Piano by Elaine and sing-along	22 AM Free Time 2.30pm Movie: "The Secret Garden" & Games	23 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games
24 AM Individual Support Program Hairdresser 2.30pm Bingo	25 AM Individual Support Program Hairdresser 2.30pm Pilates Class	26 AM Individual Support Beautician Wheel of Fortune 2.30pm Church Service	27 AM Individual Support Program 10.30am Pilates Class 2.30pm Cooking class with chef	28 AM Individual Support Program Bus Trip 2.30pm Consumer Advisory Meeting	29 AM Free Time 2.30pm Movie: "The Sting" & Games	30 AM ABC TV Songs of Praise 2.30pm Chair Exercise & Games

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation