

St Louis Nursing Home Social Program August 2025

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 AM Individual Support Program Bus Trip 2.30pm Book Club	2 AM Free Time 2.30pm Movie "The Long Game"	3 AM ABC TV Songs of Praise 2.30pm Exercise Class
4 AM Individual Support Program Hairdresser 2.30pm Church Service	5 Library AM Individual Support Program Hairdresser 2.30pm Bingo	6 AM Individual Support Program 2.30pm Nonna's Kitchen & Games with Grant	7 AM Individual Support Program 2.30pm Art Therapy & Exercise Class	8 AM Individual Support Program Bus Trip 2.30pm Happy Hour and Games	9 AM Free Time 2.30pm Movie "Shazam"	10 AM ABC TV Songs of Praise 2.30pm Exercise Class
11 AM Individual Support Program Hairdresser 2.30pm Parachute Games	12 AM Individual Support Program Hairdresser 2.30pm Bingo	13 AM Individual Support Program Teamific Quiz Beautician 2.30pm Art Therapy & Games with Grant	14 AM Individual Support Program 2.30pm Exercise Class	15 AM Individual Support Program Bus Trip 2.30pm White Board Games	16 AM Free Time 2.30pm Movie "Scoop"	17 AM ABC TV Songs of Praise 2.30pm Exercise Class
18 AM Individual Support Program Hairdresser 2.30pm Bowling	19 AM Individual Support Program Hairdresser 2.30pm Bingo	20 AM Individual Support Program 2.30pm Nonna's Kitchen & Art Therapy	21 AM Individual Support Program Bus Trip 2.30pm Exercise Class	22 AM Individual Support Program 2.30pm Chinese Cultural Day with Chinese Dancers	23 AM Free Time 2.30pm Movie "The Life List"	24 AM ABC TV Songs of Praise 2.30pm Exercise Class
25 AM Individual Support Program Hairdresser 2.30pm Bean Bag Games	26 AM Individual Support Program Hairdresser 2.30pm Bingo	27 AM Individual Support Program Teamific Quiz Beautician 2.30pm Church Service	28 AM Individual Support Program 2.30pm Exercise Class	29 AM Individual Support Program 2.30pm Resident's Meeting	30 AM Free Time 2.30pm Movie "Dolittle"	31 AM ABC TV Songs of Praise 2.30pm Exercise Class

Individual Support Program activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation