

# Social programs

## St Louis Home Care Adelaide October 2024



| Monday    | Tuesday   | Wednesday  | Thursday  | Friday    | Saturday  | Sunday    |
|-----------|---|--|---|-----------|---|-----------|
|           | <b>1</b> <br><b>Uraidla Hotel Café</b><br>Light lunch and scenic hills drive | <b>2</b> <br><b>1:1 Home Visits or outings of your choice</b>                 | <b>3</b> <br><b>1:1 Home Visits or outings of your choice</b>                        | <b>4</b>  | <b>5</b>  | <b>6</b>  |
| <b>7</b>  | <b>8</b> <br><b>Virginia Nursery Café lunch</b>                              | <b>9</b> <br><b>MeowMe Cat Café</b>   | <b>10</b> <br>9.30am - 12.30pm<br><b>Unley Social Group</b> at the Community Centre  | <b>11</b> | <b>12</b>   | <b>13</b> |
| <b>14</b> | <b>15</b> <br><b>Bridgewater Hotel (Cheap Tuesday)</b><br>Lunch and drive    | <b>16</b> <br><b>1:1 Home Visits or outings of your choice</b>                | <b>17</b> <br><b>1:1 Home Visits or outings of your choice</b>                       | <b>18</b> | <b>19</b>   | <b>20</b> |
| <b>21</b> | <b>22</b> <br><b>Semaphore Hotel</b><br>Lunch and explore                   | <b>23</b> <br><b>Walk and Talk</b><br>Victoria Park walk and coffee         | <b>24</b> <br>9.30am - 12.30pm<br><b>Unley Social Group</b> at the Community Centre | <b>25</b> |  <p>Want to join the fun?<br/>Phone Deb to book your spot<br/>8332 0950</p> |           |
| <b>28</b> | <b>29</b> <br><b>BBQ/Picnic in the hills</b>                               | <b>30</b> <br>\$9.50<br><b>Talkies and Tea Regal Cinema at Marryatville</b> | <b>31</b>   |           |   |           |

**1:1 Visit - Deb can come to you at home or take you out**

Please Note: This program is flexible and may change.  
Cancellation fee will apply at full cost when less than 24 hours' notice given.

[www.stlouishomecare.com.au](http://www.stlouishomecare.com.au)

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**Tuesday 1st of October - Uraidla Hotel Café for light lunch**

A light lunch at the Uraidla Hotel followed by a scenic drive through the hills and maybe a stop at a hill's bakery for coffee and cake.



**Tuesday 8th of October - Virginia Nursery for lunch in the Café**

A wander around the lovely Virginia Nursery and gift shops and lunch in the yummy café.



**Wednesday 9th of October - Meow Me Cat Café**

As we were unable to attend the café last month, I have added it again for those interested.



**Thursday 10th & 24th October - Unley Social Group at the Community Centre**

Come along and enjoy conversation with peers followed by lunch in the lovely Circuit Café – we'd love to see you there. Soup \$3.00 • Mains \$6.00 • Desserts \$3.00



**Tuesday 15th Bridgewater Hotel - Cheap Tuesday**

Join us for fish and chips for \$16.00 dollars in the beautiful beer garden, then a drive to the apple stalls to buy a crumble or pie.



**Tuesday 22nd of October - Semaphore Hotel**

\$17.00 Senior's meals or \$22.00 with coffee & cake. Then a drive along the foreshore to Outer Harbor to see the Diamond Princess. A stroll along the foreshore followed by an ice cream.



**Wednesday 23rd of October - Walk and Talk**

As the weather warms up, why not take a stroll around Victoria Park to enjoy the sunshine and get some exercise. Afterwards, you can relax with a coffee at a nearby café.



**Tuesday 29th of October - BBQ/Picnic in the Hills**

Join us for a cook-up in one of the lovely hill's parks. The price and location will be advised depending on how many attendee's we have on the day.



**Wednesday 30th of October - Talkies and Tea Regal Cinema at Marryatville**

Be part of "Talkies and Tea" at Regal Cinema in Marryatville, where you can enjoy morning tea and a movie for only \$9.50. Starting at 10.30am.



**2nd, 3rd, 16th, 17th of October -**

Looking for a bit of personalised social time? Why not schedule a one-on-one visit. Deb can come to your home or accompany you on an outing, she's here to make your day special.

- All bus trips and the Thursday Unley Social Group are \$29.50 per hour from your HCP.
- The bus has 10 seats so first in, best dressed!
- Trips may be cancelled or rescheduled due to inclement weather.
- If you need transport to and from either the trips or the social group, transports can be arranged and paid through your HCP.
- All food/drink and entry fees are at your own cost.

**Book your social event today.  
Phone 8332 0950**

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